



**Bennington**  
PROPERTIES

# Places to Swim in Sunriver



Watch

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PHOTOGRAPHY





## FLOAT THE DESCHUTES

We recommend the following float trips.

- Lapine State Park to [Big River Boating Site](#) (5 Hours)
- Big River Boating Site to [Harper Bridge](#) (4 Hours)
- Harper Bridge to [Besson Day Use](#) (1 Hour)
- Besson Day Use to [Sunriver Canoe Take Out](#) (5 Hours)

Steps to float the Deschutes (requires at least 2 vehicles)

- Load kayaks, canoe, or innertubes onto/into two cars.
- Drive both cars to your final destination.
- Leave car #1 parked at final destination
- Drive car #2 to launch site.
- Enjoy a leisurely float down the river.
- Beach boats at final destination.
- Load people and boats into car #1 and go and retrieve car #2.

## CARDINAL LANDING FOOT BRIDGE

One of our favorite places to swim is just across Cardinal Landing Foot Bridge in Sunriver. There is no parking so this is a fun bike-to adventure. Most of the great swimming spots are on the National Forest side, just across the bridge. [Map to Cardinal Landing Foot Bridge](#).

## BESSON DAY USE AREA

Besson Day Use Area is a great place to put bodies, kayaks or innertubes in the water and just play. The water is moving so we recommend young kids play in life jackets. Day permits are required.

[Directions to Besson Day Use Area](#).

## BIG RIVER CAMPGROUND

Another great place to put bodies, kayaks or innertubes in the water and just play. [Directions from Sunriver](#). The water is moving so we recommend young kids play in life jackets. Day permits are required.



Cardinal Landing Foot Bridge



Big River Campground

Parking permits are required at all [State](#) and [National](#) Parks and can be purchased online.

Click on the words "State" and "National" to buy passes online.





### CULTUS LAKE

Cultus Lake is one of the most popular of the high Cascade Lakes because it is one of the few that allows waterskiing, windsurfing, sailing, and jet skiing. There is a large public beach right next to Cultus Lake Resort. Day permits are required. [Directions from Sunriver.](#)

### SOUTH TWIN LAKE

South Twin Lake has a beautiful beach and day use area with picnic tables, a small grocery store and restaurant. Get there early for the best spot on the beach. Day permits are required. [Directions from Sunriver.](#)

### ELK LAKE

Elk Lake has two wonderful beaches with shallow areas to swim at. Day permits are required. [Directions from Sunriver to South Beach](#) and [directions from Sunriver to Sunset View beach.](#)

### EAST AND PAULINA LAKE

East Lake has one of the longest mountain beaches in Central Oregon. Both East and Paulina have lodges and restaurants where you can buy and rent all the essentials for a fun day on the water. Day permits are required. [Directions from Sunriver to Paulina & East Lakes.](#)

### JUNIPER SWIM & FITNESS

Located in Bend, [Juniper Swim and Fitness](#) has both an indoor and outdoor pool (Summers only) and is a great place to take the whole family. Reservation required for some activities. [Directions from Sunriver to Juniper Swim & Fitness.](#)



East Lake



Cultus Lake Resort



Juniper Swim & Fitness in Bend, OR



Elk Lake